**Job Profile: Early Career Therapy Assistant**

**Required Skills**

* caring and kind
* cheerful and friendly
* motivational
* physically fit
* observational skills
* organisational skills
* good speaking, listening and writing skills
* computer skills

**Typical roles and responsibilities**

* setting up of equipment
* show patients how to use mobility aids or equipment
* safe use of gym type equipment
* demonstrate exercises to patients
* work on exercises with patients
* support patients to understand and follow your instructions so they can complete exercises effectively
* be hands on with patients
* check and support patient progress over time
* help patients prepare for treatment (including helping with dressing and undressing)
* write reports and update patients’ records
* motivate patients to engage with their exercise programme
* work as part of a team or independently
* work with individual patients and/or in groups

**Values and behaviours**

* have a desire to work in a healthcare setting
* compassion, commitment and competence
* able to understand patient’s needs
* able deliver therapies maintaining patients’ dignity
* understand requirements of confidentiality in a healthcare setting
* understand the importance of effective communication and interpersonal skills

**Typical education and qualifications needed for the role**

* English and Maths GCSE grade 4 or above / equivalent
* experience of working with people